

Meet Mama Tokus: Comic performance-poetess

Mama Tokus **writes and performs** comic poetry on the subjects of:

- ❖ Womanhood
- ❖ Technology and futurism
- ❖ Afro-ness
- ❖ Age and wisdom
- ❖ Fashion and music
- ❖ Word-trickery and language

Mama's big on audience participation, headline-grabbing, laughter and engaging the audience from the off.

Recent works include:

Afro-Dude – an audience participatory celebration of big hair (inspired by teenage taunting)

The Ballad of Kate Bushcraft – a pseudo-survivalist plans her post-apocalypse existence. As long as she doesn't break a nail...

Pamper Nazi – when the beauty fascists take over

Real Lady – a feminist, anti-cosmetic surgery re-imagining of Eminem's Slim Shady tune (*as seen on YouTube*)

She is MC of Forked! – a super-successful performance poetry night in Plymouth, Devon, UK, that showcases the best of UK stand-up poets in front of capacity crowds. (Forked! is supported by England's leading organisation for performance poetry Apples and Snakes).

Mama Tokus has performed poetry at:

The Big Chill Festival, UK; Port Eliot Festival, UK; Gator By The Bay Festival and The Burning Man festival, USA; London's Rich Mix and Shunt Collective, Bath's Ustinov Theatre, and the South West's Bikeshed Theatre and B-Bar.

As a musician, Mama Tokus has released an album *On The Ragtime* – a collection of blues, soul and gospel originals and covers – available on iTunes, Spotify, Amazon and eBay.

Mama Tokus can **perform** at your theatre / venue / cabaret show / gig / party / festival / arts centre / gay night / conference / supper club / performance poetry session.

Hear and see Mama Tokus online by visiting www.MamaTokus.com (*includes gig listing, downloadable press materials, Electronic Press Kit and blog too*).

Connect with her here:

www.facebook.com/MamaTokus (*downloadable EPK, videos, sounds, gig listing*)

www.twitter.com/MamaTokus

www.youtube.com/MamaTokus

On The Ragtime is available for sale online at the following places:

www.MamaTokus.com, [iTunes](https://www.apple.com/itunes), [Amazon](https://www.amazon.com)

And you can stream it here: [Spotify](https://www.spotify.com)



www.MamaTokus.com
www.facebook.com/MamaTokus
[@MamaTokus](https://twitter.com/MamaTokus)

FOR BOOKING/ENQUIRIES:

e: Mama@MamaTokus.com

t: 07786 808807

Editors' notes:

More high-resolution photography available on request or at www.MamaTokus.com

For more details about Mama Tokus, call 07786 808807 or email Mama@MamaTokus.com

What the people say:

"A hybrid of cabaret, R&B, blues, funk and fun...Brilliant."

- Four-star review of On The Ragtime album, R2 global folk-roots & blues magazine.

"Variation and humour are the two keywords on this album...On The Ragtime should have its place in every blues and roots fan's collection."

- Back to the Roots, Europe-wide blues magazine

"A triumph of modern-day feminism set against a backdrop of olden-day sounds...laced with humour and heart...Just what the soul-doctor ordered."

- 24-7 listings magazine covering South West England

"The glorious, garrulous queen of the (South West) swamp delta blues, Mama Tokus"

- Apples and Snakes, the UK's performance poetry organisation

"Her fresh and feisty lyrics got us all nodding along in agreement...Amazing!"

- Review of She Grrrows feminist comedy night, London.

"Really enjoyed your set this evening! Awesome lyrics and bags of attitude to boot!"

- Audience member

"You were the best thing at the festival"

- Dart Music Festival punter

Editors' notes:

More high-resolution photography available on request or at www.MamaTokus.com

For more details about Mama Tokus, call 07786 808807 or email Mama@MamaTokus.com